

**WHAT IS CLAIMED IS:**

1. A hair warming tool of sheet form having at least one heating part in the center thereof and a margin around said heating part, which is designed to wrap tied hair in said heating part and to be held in place to keep the wrapping state by fastening said margin by means of a fastening means such as an elastic band, a string or a wire.  
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2. A hair warming tool according to claim 1, which has a plurality of heating parts in which said tied hair is wrapped.
3. A hair treating method which comprises wrapping tied hair with a hair warming tool of sheet form having at least one heating part while leaving at least the part of the hair near the roots unwrapped to warm the hair.  
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4. The hair treating method according to claim 3, which further comprises applying a hair treatment preparation containing at least one oiliness compound to the hair to be wrapped.
5. The hair treating method according to claim 4, wherein said hair treatment preparation further contains an organic acid.  
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6. The hair treating method according to claim 3, which further comprises applying a hair treatment preparation having a pH of 2 to 4.5 to the hair to be wrapped.
7. The hair treating method according to claim 4, wherein said hair treatment preparation has an emulsified state that is broken at 55 to 60°C.